



**Physical Education**



*Development Matters: Physical Development Gross Motor in EYFS (EYFS Statutory Guidance + National Curriculum)*

	<b>Autumn 1</b>	<b>Autumn 2</b>	<b>Spring 1</b>	<b>Spring 2</b>	<b>Summer 1</b>	<b>Summer 2</b>
Nursery	<b>Gross Motor Skills Movement and Spatial Awareness</b> Negotiate space and obstacles safely, with consideration for themselves and others	<b>Gross Motor Skills: Gymnastics (Floor)</b> Demonstrate strength, balance and coordination when playing	<b>Gross Motor Skills Athletics (Indoor)</b> Move energetically, such as hopping, skipping	<b>Gross Motor Skills: Dance</b> Move energetically, such as dancing	<b>Gross Motor Skills: Gymnastics (Apparatus)</b> Move energetically, such as climbing	<b>Gross Motor Skills Athletics (Outdoor)</b> Move energetically, such as running, jumping
Reception	Indoor – <b>Circle Games</b>	Indoor – <b>Gymnastics</b>	Indoor – <b>Dance</b>	Indoor – <b>Invasion Games</b>	Outdoor – <b>Striking and Fielding</b>	Outdoor – <b>Athletics</b>
Children in EYFS follow the same curriculum for PE until Spring Term, when groups are split, following the January intake of Nursery children.						
Year 1	Indoor – <b>Gymnastics</b> Outdoor – <b>Invasion Games Basic Skills</b>	Indoor – <b>Gymnastics</b> Outdoor – <b>Invasion Games Basic Skills and Team Games</b>	Indoor – <b>Dance</b> Outdoor – <b>Invasion Games Basic Skills</b>	Indoor – <b>Dance</b> Outdoor – <b>Net and Wall Basic Skills</b>	Indoor – <b>Athletics</b> Outdoor – <b>Striking and Fielding Basic Skills</b>	Indoor – <b>Athletics</b> Outdoor – <b>Striking and Fielding Team Games</b>
Year 2	Indoor – <b>Gymnastics</b> Outdoor – <b>Invasion Games Basic Skills and Team Games</b>	Indoor – <b>Gymnastics</b> Outdoor – <b>Invasion Games: Hoop Ball</b>	Indoor – <b>Dance</b> Outdoor – <b>Invasion Games</b>	Indoor – <b>Dance</b> Outdoor – <b>Net and Wall Basic Skills and Team Games</b>	Indoor – <b>Athletics</b> Outdoor – <b>Striking and Fielding Basic Skills</b>	Indoor – <b>Athletics</b> Outdoor – <b>Striking and Fielding Team Games</b>
Year 3 / Year 4	Indoor – <b>Gymnastics</b> Outdoor – <b>Football</b>	Indoor – <b>Gymnastics</b> Outdoor – <b>Tag Rugby</b>	Indoor – <b>Dance</b> Outdoor – <b>Invasion Games: Basketball</b>	Indoor – <b>Dance</b> Outdoor – <b>Net and Wall: Tennis</b>	Outdoor – <b>OOA</b> Outdoor – <b>Striking and Fielding: Cricket</b>	Indoor – <b>Athletics</b> Outdoor – <b>Athletics</b>
Year 4 / Year 5	Indoor – <b>Gymnastics</b> Outdoor – <b>Football</b>	Indoor – <b>Gymnastics</b> Outdoor – <b>Tag Rugby</b>	Indoor – <b>Dance</b> Outdoor – <b>Invasion Games: Basketball</b>	Indoor – <b>Dance</b> Outdoor – <b>Net and Wall: Tennis</b>	Outdoor – <b>OOA</b> Outdoor – <b>Striking and Fielding: Cricket</b>	Indoor – <b>Athletics</b> Outdoor – <b>Athletics</b>
Year 6	Indoor – <b>Gymnastics</b> Outdoor – <b>Football</b>	Indoor – <b>Gymnastics</b> Outdoor – <b>Tag Rugby</b>	Indoor – <b>Dance</b> Outdoor – <b>Invasion Games: Netball</b>	Indoor – <b>Dance</b> Outdoor – <b>Net and Wall: Badminton</b>	Outdoor – <b>OOA</b> Outdoor – <b>Striking and Fielding: Rounders</b>	Indoor – <b>Athletics</b> Outdoor – <b>Athletics</b>
	Children who have not met the curriculum outcomes for swimming, take part in weekly swimming lessons for the first 15 weeks of the year. Children who have met the curriculum outcomes for swimming, follow the indoor PE curriculum for Y6.					