

## SMAT Summer Menu April – October 2024

08/04/24, 22/04/24, 06/05/24, 20/05/24, 10/06/24, 24/06/24, 08/07/2024, 02/09/24, 16/09/24, 30/09/24, 14/10/24

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Traditional Meal of the Day	Southern Style Chicken Goujons	Pasta Bolognese	Roast Chicken Fillet	All Day Breakfast (Bacon, Sausage, Egg Omelette, ½ Bread slice)	Fish Fingers or Salmon Fishcake
Vegetarian Option	Veggie Meatballs in homemade tomato Sauce	Southern Style Burger In a Wrap	Quorn Fillet	Veggie Breakfast	Pasta in a Homemade Tomato Sauce
Side Dish	Potato Waffles	Skin on Wedges	Mashed Potato	Hash Brown	Chips
Accompaniments	Carrots Garden Peas Tomato Sauce	Sweetcorn Garden Peas	Cauliflower Florets Broccoli Florets Gravy	Baked Beans Tomatoes	Garden Peas Carrots Tomato Sauce
Salad Bar and Bread Selection	Bread Slice Salad Selection	Bread Slice Salad Selection	Bread Slice Salad Selection	Bread Slice Salad Selection	Bread Slice Salad Selection
Dessert	Chocolate and Orange Muffin	Homemade School Cake and Custard	Angel Delight	Ice Cream with Fruit Sauce	Jam Scone
Daily Selection	Fresh Fruit Selection Yoghurt	Fresh Fruit Selection Yoghurt	Fresh Fruit Selection Yoghurt	Fresh Fruit Selection Yoghurt	Fresh Fruit Selection Jelly
Filled Jacket Potato	Jacket Potato with a choice of Hot or Cold Fillings	Jacket Potato with a choice of Hot or Cold Fillings	Jacket Potato with a choice of Hot or Cold Fillings	Jacket Potato with a choice of Hot or Cold Fillings	Jacket Potato with a choice of Hot or Cold Fillings
Sandwich Selection	Ham, Cheese or Tuna Mayo Sandwich	Ham, Cheese or Tuna Mayo Wrap	Ham, Cheese or Tuna Mayo Sandwich	Ham, Cheese or Tuna Mayo Wrap	Hot Fish Finger Sandwich

All meals are freshly cooked in the school own kitchen, with fresh produce. St Mary's Academy Trust are looking forward to bringing catering back in-House to improve standards, taking control of the meals service to ultimately ensure that pupils are receiving the best food possible during the school day.

Menus may be subject to temporary changes due to product shortages or planned theme menus.



## SMAT Summer Menu April – October 2024

15/04/24, 29/04/24, 13/05/24, 03/06/24, 17/06/24, 01/07/24, 15/07/24, 09/09/24, 23/09/24, 07/10/24, 21/10/24

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Traditional Meal of the Day	Homemade Margherita Pizza Slice	Sausage Roll	Homecooked Roast Turkey	Oven Baked Pork Sausage	Fish Stars or Salmon Fishcake
Vegetarian Option	Quorn Dipper Wrap	Pasta in a Homemade Tomato Sauce	Quorn Fillet	Veggie Sausage Wrap	Mac 'n' Cheese
Side Dish	Potato Waffles Rice	Potato Wedges	Mashed Potatoes	Mashed Potatoes	Chips
Accompaniments	Baked Beans Coleslaw	Baton Carrots Garden Peas	Broccoli Florets Sweetcorn Gravy	Cauliflower Florets Savoy Cabbage Gravy	Garden Peas Carrots Tomato Sauce
Salad Bar and Bread Selection	Bread Slice Salad Selection	Bread Slice Salad Selection	Bread Slice Salad Selection	Bread Slice Salad Selection	Bread Slice Salad Selection
Dessert	Homemade Fruit Muffin	Arctic Roll	Rice Pudding with Jam	Homemade Cookies	Chocolate Sponge and Chocolate Sauce
Daily Selection	Fresh Fruit Selection Yoghurt	Fresh Fruit Selection Yoghurt	Fresh Fruit Selection Yoghurt	Fresh Fruit Selection Yoghurt	Fresh Fruit Selection Jelly
Filled Jacket Potato	Jacket Potato with a choice of Hot or Cold Fillings	Jacket Potato with a choice of Hot or Cold Fillings	Jacket Potato with a choice of Hot or Cold Fillings	Jacket Potato with a choice of Hot or Cold Fillings	Jacket Potato with a choice of Hot or Cold Fillings
Sandwich Selection	Ham, Cheese or Tuna Mayo Sandwich	Hot Cheese and Ham Panini	Ham, Cheese or Tuna Mayo Sandwich	Ham, Cheese or Tuna Mayo Wrap	Hot Fish Finger Sandwich

All meals are freshly prepared and cooked in the school kitchen. St Mary's Academy Trust are looking forward to bringing catering back in-House to improve standards, taking control of the meals service to ultimately ensure that pupils are receiving the best food possible during the school day.

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